

Soroptimist International
of Rancho Cordova & Gold
River, USA

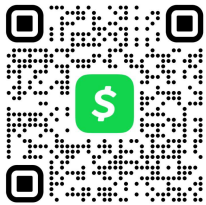
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Soroptimist International of the Americas, Inc.®
is a 501(c)(3) global volunteer organization that relies on
charitable contributions to support its programs.

*The women and girls featured in this brochure are recipients
of Soroptimist Dream Programs. To read their stories
visit Soroptimist.org or LiveYourDream.org*



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Soroptimist®

Investing in Dreams



Soroptimist Int'l of Rancho Cordova & Gold River

Investing in the **DREAMS** of Women &
Girls and Serving the Rancho Cordova
Area Since 2009



When women help other women, amazing things happen! Our
clubs come together to make a difference for women and girls
worldwide. Interested in more information on how to get
involved?

Visit Soroptimist.org or contact:
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SOROPTIMIST®



Helping Women & Girls to Live Their Dreams

Providing women and girls with access to education is the most effective way to help them reach their full potential and live their dreams. When women and girls are educated, they have opportunity, choice and power to make healthy decisions for themselves and their families.

Our Dream Programs are primarily delivered locally by our clubs and members in 21 countries and territories. They provide the muscle and on-the-ground work that make our programs come alive.

Soroptimist Live Your Dream: Education and Training Awards for Women® annually awards about \$2.5 million in education grants to about 1,500 women who have overcome enormous personal obstacles including poverty, sex trafficking and domestic violence. Recipients may use the cash grants to offset any costs associated with their efforts to attain additional education or training. Award recipients go on to enjoy improved employment prospects, greater earning potential, higher self-esteem, and serve as positive role models for their children.



Dream It, Be It: Career Support for Girls® targets girls who face steep challenges like poverty and unstable home lives. It provides girls with tools to make educated choices and plans for their futures, and gives them hope and confidence. By reaching girls while they are still young, we not only can help them stay healthy and safe in the short term, but we can reduce the number of women in crisis in the future. To date, *Dream It, Be It* has helped put more than 35,000 girls on a positive path.



Soroptimist in Our Community

*Soroptimists work together to invest in women and girls near and far by giving them resources to achieve economic empowerment. Some of the **Rancho Cordova & Gold River** club's work includes:*

Granting at least \$1,000 of *Soroptimist Live Your Dream Awards* each year. The women we help are simply amazing!



Producing a *Soroptimist Dream It, Be It* life & career prep event where girls from underserved communities meet with and learn from mentors to gain practical knowledge of how to accomplish their life and employment goals. We are proud of our work to help put these deserving girls on a positive path so that their dreams may become reality.



Supporting unhoused and at-risk students by working with the school district Student Liaison for Homeless Services to help students overcome obstacles by helping providing appropriate shoes, undergarments, personal hygiene items, etc.

Creating and distributing Comfort Kits to domestic violence, sexual assault, and trafficking survivors.



Supporting female veterans receiving services at the Mather VA Hospital.

And volunteer in the community!



Soroptimist also powers **LiveYourDream.org**—an online community offering offline volunteer opportunities benefiting women and girls. **LiveYourDream.org** inspires people from all walks of life to live their dreams, while helping less fortunate women and girls to live theirs. This is accomplished through hands-on volunteer opportunities, awareness and advocacy efforts, and/or financial support.

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