

Soroptimist International
of Rancho Cordova/Gold
River, USA

PO Box 1814
Rancho Cordova, CA 95741
USA

<https://soroptimistranchocordova.org/>

Soroptimist International
of the Americas, Inc.®

1709 Spruce Street
Philadelphia, PA 19103-6103 USA
Soroptimist.org | LiveYourDream.org

Follow us on:



Soroptimist International of the Americas, Inc.®
is a 501(c)(3) global volunteer organization that relies on
charitable contributions to support its programs.

*The women and girls featured in this brochure are recipients
of Soroptimist Dream Programs. To read their stories
visit Soroptimist.org or LiveYourDream.org*



Soroptimist®

Investing in Dreams



**When women help other women, amazing things happen! Our
clubs come together to make a difference for women and girls
worldwide. Interested in more information on how to get
involved?**

**Visit Soroptimist.org or contact:
Soroptimist Int'l of Rancho Cordova/Gold River
Sheryl Longworth**

**916-833-1218(M) | siranchocordova@soroptimist.net |
<https://soroptimistranchocordova.org/>**



SOROPTIMIST®



Helping Women & Girls to Live Their Dreams

Providing women and girls with access to education is the most effective way to help them reach their full potential and live their dreams. When women and girls are educated, they have opportunity, choice and power to make healthy decisions for themselves and their families.

Our Dream Programs are primarily delivered locally by our clubs and members in 21 countries and territories. They provide the muscle and on-the-ground work that make our programs come alive.

Soroptimist Live Your Dream: Education and Training Awards for Women® annually awards about \$2.5 million in education grants to about 1,500 women who have overcome enormous personal obstacles including poverty, sex trafficking and domestic violence. Recipients may use the cash grants to offset any costs associated with their efforts to attain additional education or training. Award recipients go on to enjoy improved employment prospects, greater earning potential, higher self-esteem, and serve as positive role models for their children.



Dream It, Be It: Career Support for Girls® targets girls who face steep challenges like poverty and unstable home lives. It provides girls with tools to make educated choices and plans for their futures, and gives them hope and confidence. By reaching girls while they are still young, we not only can help them stay healthy and safe in the short term, but we can reduce the number of women in crisis in the future. To date, *Dream It, Be It* has helped put more than 35,000 girls on a positive path.



Soroptimist in Our Community

*Soroptimists work together to invest in women and girls near and far by giving them resources to achieve economic empowerment. Here in **Rancho Cordova/Gold River** some of our work includes:*

We grant at least one \$1,000 *Soroptimist Live Your Dream Award* each year. The women we help are simply amazing!



We produce a *Soroptimist Dream It, Be It* event where girls from underserved communities meet with mentors to gain practical knowledge of how to accomplish their life and employment goals. We are proud of our work to help put these deserving girls on a positive path so that their dreams may become reality.

Support homeless and at-risk students by working with the school district homeless liaison to help students overcome obstacles by helping providing appropriate shoes, undergarments, personal hygiene items, etc.



Create and distribute Comfort Kits to domestic violence and trafficking survivors via the Rancho Cordova Police Department.



Support female veterans receiving services at the Mather VA Hospital.

And we volunteer at community events!



<https://www.facebook.com/groups/sircgr>
<https://www.meetup.com/sircgr/>



Soroptimist also powers **LiveYourDream.org**—an online community offering offline volunteer opportunities benefiting women and girls. **LiveYourDream.org** inspires people from all walks of life to live their dreams, while helping less fortunate women and girls to live theirs. This is accomplished through hands-on volunteer opportunities, awareness and advocacy efforts, and/or financial support.