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RANCHO/GOLD RIVER SOROPTIMIST CLUB TURNS 10 YEARS OLD

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Rancho Cordova/Gold River Soroptimist Club Turns 10 Years Old

By Sheryl Longsworth, Soroptimist International of Rancho Cordova & Gold River

Assemblyman Cooley's representative presented club president, Sheryl Longsworth with a Certificate of Recognition from the California State Assembly. Photo courtesy of Soroptimist International of Rancho Cordova & Gold River

RANCHO CORDOVA, CA (MPG) - The Soroptimist Int'l of Rancho Cordova & Gold River club was chartered in August, 2009. On August 10, 2019 it celebrated its 10th birthday. Approximately 35 guests attended the celebration including several former club members, Soroptimist district and regional leaders, County Supervisor Don Nottoli, City Councilmember Garrett Gatewood and a representative from Assemblyman Ken Cooley's office. Assemblyman Cooley's representative presented club president, Sheryl Longsworth with a Certificate of Recognition from the California State Assembly.

Since the club's inception ten years ago, it has made tremendous, measurable impact on Rancho Cordova and the world. Here are some of those statistics:

Almost 250 homeless teen girls in the Folsom Cordova school district, are now passing their P.E. classes because they are no longer ashamed to change into their P.E. uniforms, allowing their peers to see their beautiful new undergarments and are doing better in school in general, because of their higher self-esteem and confidence, due to the new bras and panties the club bought for them, over the last 8 years;

Homeless San Juan USD students are getting some of their needs met through the club's $500 Walmart gift card donation to the San Juan USD McKinney-Vento Community Liaison;

Over 1225 domestic violence survivors, over the last 9 years, feel more normal and loved because they received one of our Comfort Kits;

Over 325 children of domestic violence survivors, over the last 5 years, also "felt the love" and are also able to restart their young lives with their very own Comfort Kid kit;

Approximately 100 girls per year, since 2014, stayed in school, because 15-30 minutes of using a heating pad, that we provided to the school nurses at both Cordova and Kinney High schools, relieved their menstrual pain enough so they could return to class, rather than be sent home for the day. That's 500 girls!

Raised enough money to buy 40 Solar Cookers for families fleeing the genocide in the Sudan;

Over 750 girls won't be a target of traffickers due to the hundreds of Dress a Girl Around the World dresses that we helped make between 2015 and 2016.

We would love you to be a part of our club's success; to continue existing programs, like the ones described above, as well as offer even more programs. We need your help! Please email siranchocordova@soroptimist.net or call club president, Sheryl Longsworth at 916-833-1218.

Soroptimist is an international 501(c) 3 non-profit organization that seeks to improve the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means "best for women" and that's what the organization strives to achieve. Soroptimists are people at their best, working to help other women to be their best. Please send an email to siranchocordova@soroptimist.net to receive more information about Soroptimist International of Rancho Cordova & Gold River, how to become a member, or just learn how you can volunteer with our club members or visit http://www.soroptimistranchocordova.org/. ★