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Soroptimists "Support" Homeless Teen Girls with New Bras

Since the club started this program eight years ago, they have served over 200 girls in the Folsom Cordova Unified School District. Photo courtesy Sheryl Longsworth

Sheryl Longsworth, President Soroptimist International Local Chapter

RANCHO CORDOVA, CA (MPG) - The Soroptimist Int'l of Rancho Cordova & Gold River club, working with the Folsom Cordova Homeless Student Services Program, purchased new bras on Thursday, October 4, for seventeen homeless teen girls who are required to take a physical education class. "I learned several years ago, that many homeless teen girls were refusing to dress down for PE, because they were so embarrassed by the condition of their undergarments. Wearing a new bra that fits well, is comfortable and pretty, make girls feel confident and good about themselves. Homeless girls already have enough to worry about that affects their self-esteem and confidence, they shouldn't have to feel embarrassed about what they're wearing under their clothes," says Sheryl Longsworth, co-founder and current president of the club. "It is our club's hope that by giving these girls to pick out bras THEY want to wear, not just wear what was donated to them, that their confidence and self-esteem will increase, which, hopefully, will result in improved academic performance," says Longsworth.

Since the club started this program eight years ago, they have served over 200 girls in the Folsom Cordova Unified School District. "Every girl we've served is so appreciative and grateful. They usually give us big hugs and some are even in tears because we care so much about them and want them to be successful in life," says Longsworth.

If you would like to help the club make a difference in girls' lives like the "Supporting" Homeless Teen Girls project and would like more information about the club, please visit http://www.soroptimistranchocordova.org/ and/or email Sheryl at siranchocordova@soroptimist.net.

Soroptimist is an international 501(c)3 non-profit organization who seeks to improve the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve. Soroptimists are people at their best, working to help other women to be their best. Please send an email to siranchocordova@soroptimist.net to receive more information about Soroptimist International of Rancho Cordova & Gold River, how to become a member, or just learn how you can volunteer with our club members or visit http://www.soroptimistranchocordova.org/. ★

You Can Recycle Old or Obsolete Electronics to Benefit Rancho Cordova Soroptimist Club Projects

By Sheryl Longsworth, PresidentSoroptimist International Local Chapter

RANCHO CORDOVA, CA (MPG) - Did you receive some nice new electronic or powered "toys" over the holidays? Wondering what to do with your obsolete or broken old "toys?" The Rancho Cordova Soroptimist club signed up with a year-round fundraiser, ewaste4good. They will come to your home and pick up your e-waste on an appointment you set with them. You don't even need to be home when they come to pick everything up. Just leave everything on your front porch! It couldn't be easier to get rid of unwanted, broken or obsolete electronics and protect the environment. They are based in Stockton but will pick up from anyone in the Central Valley, Napa Valley, throughout the Greater Sacramento-area as far as Roseville/ Rocklin and El Dorado Hills. So, if you know people in any of these areas, please share this announcement with them!

They take televisions, video games & consoles, computer monitors, computers, fax machines, calculators, desktop copiers, cell phones, telephones, printers, vacuum cleaners, speakers, keyboards, scanners, mice, laptops, networking equipment, power tools, misc. wires and cords, small appliances, household phones, stereo systems, medical equipment, and much more. CONDITION DOESN'T MATTER! They will wipe hard drives-TWICE, just to be certain.

Schedule a pickup by visiting this website: http://www.ewaste4good.com/Home.html#Anchor_1, in the Select County of Organization, select "Sacramento S," look for "Soroptimist International of Rancho Cordova & Gold River." If the club's name doesn't appear in the drop-down list, then type the club's name "Soroptimist International of Rancho Cordova & Gold River" in the next field under the drop-down list. NOTE: There are other Soroptimist clubs signed up for this fundraiser. Make sure the Rancho Cordova/Gold River club is selected or typed in!

Soroptimist is an international organization for business and professional women who work to improve the lives of women and girls, in local communities and throughout the world. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve. Soroptimists are women at their best, working to help other women to be their best.

Club projects money raised from this fundraiser will benefit is our purchasing of new bras for homeless teen girls, creating and distributing Comfort Kits to domestic violence survivors through Women Escaping A Violent Environment (WEAVE) and A Community For Peace and Comfort Kid kits for the children survivors bring with them to the safe house, college scholarships for single mothers, and new projects such as "Life Preparation" workshops for teens and a new cash award for teens in honor of late City Councilman Dan Skoglund. In the nine-year existence of the club, approximately 4,185 women and girls have been helped. The club has received the Key to the City of Rancho Cordova, three Proclamations from the City, Congressional Recognition from Ami Bera, and a Certificate of Recognition from the Folsom Cordova Unified School District.

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